

Colorado Rural Health Care
G R A N T P R O G R A M

FINAL REPORT TEMPLATE

This form must be signed and returned with the Grant Report Narrative. Please complete and return this report by June 30, 2010. No further grant requests from your organization can be considered until this report has been completed and returned.

Name of organization reporting: Social Emotional Wellness Program

Dates covered by this grant: from July, 2009 to July 30, 2010

Executive Director: Sophie Berkley

Phone and Email: 970 485-4389,

Contact person: (if different from Executive Director) _____

Title: _____

Phone and Email: _____

Mailing Address: PO Box 2204

City/State/Zip: Silverthorne, CO 80498

Fax Number: _____

Amount of Grant: 18,500

Purpose of Grant: To increase the availability and accessibility of mental health services in Summit County through improved information and technology. To increase the availability of therapeutic environments through staff training and education of primary care providers of young children.

I. NARRATIVE (maximum of 3 pages, exclusive of photographs and testimonials)

A. Results/Outcomes

- 1. Please describe the progress made toward the stated goals and objectives related to this specific grant.
- 2. What difference did this grant make in your community or neighborhood and for the population you are serving? Please discuss evidence of effect (e.g. numbers served, demographic information, community indicators, outcomes, client satisfaction survey results, etc.). *Note: If you have evaluation materials that document outcomes and impacts of your work, feel free to attach in lieu of answering this or other questions.*
- 3. Describe collaborations, if any, related to the work funded by this grant and how it impacted your efforts.

Our project developed a website for all of Summit County that included all Mental Health options available. We collaborated with one of Summit County's top leadership groups, The Care Council. This group includes, Sheriff's, Town Managers, Resort leaders, and a variety of Human Service leaders throughout our community. The group was developing a website for human services throughout the county called SummitCares.org. The group did not have a current initiative to develop a mental health website. Our project collaborated with SummitCares.org to enhance their project and include a comprehensive mental health resource and referral website. Our project spent extensive time researching existing mental health services. Initially, our community thought there were approximately 20 mental health resources. We identified 58. Our website is broken down by age, treatment type, town, sliding scale and credentials. To view the website, type in Summitcares.org. You will then be prompted to the Network of Care. We have our own Mental Health tab on the website.

We also trained 21 Early Care and Education Teachers to support and intervene with children with significant emotional/behavioral issues. Over 90% of the teachers trained reported an increase in their effectiveness in working with children with significant emotional/behavioral issues as well as an improvement in the behavior issues observed by the children. Our project also was instrumental in developing a leadership team to bring a best practice methodology throughout Summit County called the Pyramid Model. This evidence-based model has widespread data supporting its effectiveness in reducing challenging behaviors and promoting health emotional and behavioral development. Our project is collaborating with Part C – Early Childhood Initiatives, Early Childhood Options, the School District, and Head Start to bring this program to our community.

B. Photographs and Testimonials

- 1. Please provide any photographs or testimonials that demonstrate the impact the project has had on the community.
- 2. Please provide an example of a success story that demonstrates the benefit of the project to your community.

An example of a success story is a child who was referred to our program because of significant emotional/behavioral issues. He had already been expelled from one school and was on the brink of being expelled from another. He was two. Social Emotional Wellness Program worked with his teachers and parents to pinpoint problem behaviors, set goals and train on effective strategies. After a few months, home and school are reporting a turn around in this child. He is happy and making friends. The incidence of him lashing out and hurting

another has greatly reduced and is now a rarity. Research shows that young children with problem behaviors tend to grow into teens with problem behaviors. Through intervention, we were able to set a new course for this child.

C. Future Plans

- 1. What are the plans for sustaining the impact of the use of these funds?
- 2. What plans do you have to communicate your outcomes and lessons learned with others?
- 3. If you have identified areas where increased collaboration between organizations or sectors would lead to increased positive outcomes for your constituents, briefly describe your ideas.

We continue to serve the children and teachers of Summit County and plan to continue doing so. We are now working as part of a community team to continue our services. We are working as part of a leadership team to communicate our outcomes and lessons learned with others in our community. We are working as part of the statewide initiative to bring Pyramid Plus throughout the state of Colorado.

Our website for mental health services is imbedded within the Summitcares.org website and will sustain along with Summitcares.org. The Care Council has hired a TA to continue revising and updating the entire website, mental health included. We are currently developing a hard copy listing to sent out to law enforcement, at their request, via e-mail.

D. Other Comments

- 1. Please share with us any recommendations you have for our grant making or reporting process.

Thank you for your support. We have been able, through your support, to improve the mental health services for young children in Summit County.

II. FINANCIALS

- 1. Please provide income and expenditure information compared to the approved budget for that project or program. If there are any major variances, please explain.

See attached.